Serial No. 10/056,296

51. (New) A method for counteracting tooth decay or assisting in the regenerative process of periodontal tissues comprising:

contacting a tooth surfaces or tooth surfaces with an oral care composition comprising

- (a) an orally acceptable carrier; and
- (b) an ascorbyl-2-phosphate compound having the following structure, or a sodium or potassium salt thereof,

wherein n is between 1 and 10.

- 52. (New) The method of claim 51 wherein the oral care composition contacts the tooth or tooth surfaces for 5 to 60 minutes.
- 53. (New) A method for the prevention of tooth stain accumulation comprising: contacting a tooth surfaces or tooth surfaces with an oral care composition comprising
  - (a) an orally acceptable carrier; and
- (b) an ascorbyl-2-phosphate compound having the following structure, or a sodium or potassium salt thereof,